



LEGAL RESOURCES

Legal Aid Ontario

If you cannot afford a lawyer, you may be eligible for legal assistance from Legal Aid Ontario, which serves low-income Ontarians. For most services, a client must be financially eligible. Legal Aid Ontario provides several family law services, including duty counsel and advice lawyers, a Family Law Service Centre and if appropriate, a certificate to hire a lawyer. To find out more about what services are available call: 1-800-668-8258 or online at: <https://www.legalaid.on.ca/>

Lawyer Referral Services

If you wish to retain a lawyer, you may contact the Lawyer Referral Service, operated by the Upper Law Society. The service will provide you with the name of a lawyer in your area who practices family law. That lawyer will provide you with a half-hour free consultation. The referral service has evolved into an on-line service. To receive an immediate referral, go to: www.findlegalhelp.ca or call 1-855-947-5255.

Free Legal Information & Referrals

Legal Line is a Federal not-for-profit organization providing Free easy-to-understand legal information in over 2,100 topics, covering 48 major areas of law. Information covers Federal, Provincial and Territorial laws, and is available in 107 languages. Those who need further help are referred to experts — lawyers, paralegals, government offices, and other professionals. For more information, go to: <https://www.legalline.ca/>

Limited Scope Practicing Lawyers

If you would like to receive legal advice at an hourly rate avoiding a retainer fee, you can try Limited Scope Practicing Lawyers. You can find a list of lawyers within your area that offer this service at – <http://www.familylawlss.ca>

The Office of The Children’s Lawyer

The Office of the Children’s Lawyer is a law office in the Ministry of the Attorney General which delivers programs in the administration of justice on behalf of children with respect to their personal and property rights. Lawyers within the office represent children in various areas of law including child custody and access disputes, child protection proceedings and civil litigation. Clinical investigators prepare reports for the court in custody/access proceedings and may assist lawyers who are representing children in such matters. To learn more about the services offered by the Office of the Children’s Lawyer call: (416) 314-8000 or find online at: www.attorneygeneral.jus.gov.on.ca/english/about/artcl/fjsd_ocl.php

Complaints about a Lawyer

Matters relating to the legal profession are within the responsibility of the Law Society of Upper Canada. If you are concerned about the conduct of a lawyer, you can call: 416-947-3315 or 1-800-668-7380 or go online to: www.lsuc.on.ca/with.aspx?id=644

You may also put your complaint in writing to the following address:

Complaints Services
The Law Society of Upper Canada
Osgoode Hall, 130 Queen Street West
Toronto, Ontario M5H 2N6





LEGAL INFORMATION

Steps to Justice / CLEO Community Legal Education Ontario

Step-by-step information about legal problems. Reliable, practical, and easy to understand. CLEO is an online resource project dedicated to providing legal information intended to help in understanding legal rights. For more information go to: www.cleo.on.ca

Use CLEO's free online interviews to fill out legal forms, draft letters, and identify your next steps. The Guided Pathways ask you questions and then use your answers to fill in the forms and letters you need. When you are done, you can save and print your papers.

www.stepstojustice.ca/guided-pathways

FLEW – Family Law Education for Women

The Family Law Education for Women's website is a public legal education project funded by the Government of Ontario to assist women in understanding their family law rights. The website provides a variety of online publications intended to address the particular needs and vulnerabilities of women new to Canada (including immigrant, refugee and non-status women) and can be found at:

www.onefamilylaw.ca

Family Law information Centre (FLIC)

The FLIC assists in meeting the individual needs of clients, particularly clients who are not represented by a lawyer and are entering the family court system for the first time. At the FLIC there is an Information and Referral Coordinator who will assist you to find and connect with services you are looking for within your community. Advice Lawyers, who provide summary legal advice are also available at the FLIC. The FLIC provides publications and guides to family procedures, including the publication "What You Should Know About Family Law in Ontario" which contains a section specific to domestic violence issues. The publication is available in English, French, Arabic, Chinese-Simplified and traditional, Somali, Spanish, Tamil and Urdu and is on-line at

www.attorneygeneral.jus.gov.on.ca/english/family/famlawbro.php

Ministry of the Attorney General Website

You can find information about separation and divorce, support, custody, access, family mediation and court processes and procedures on the Ministry of the Attorney General website. Choose your preferred language, then click on 'Family Justice' for general information as well as a link to the federal government's website and other sources of information can all be found at:

www.attorneygeneral.jus.gov.on.ca

Department of Justice Canada

You can find helpful information about family law issues including how to calculate child support and parenting plan guidelines on this website: <https://www.justice.gc.ca/eng/fl-df/>

My Support Calculator

Free online child and spousal support calculator. Also provides helpful information on support and other family law related issues and a searchable list of family law professionals in your area.

www.mysupportcalculator.ca





Ontario Court Forms Website

You can obtain and fill in many of the court forms you need in a family law case on the Ontario Court Forms website. On the site, there is Ontario Court Forms Assistant, which is an online tool that will guide you through the completion of six of the most commonly used family forms. Access to all the forms and assistance tools can be found at: www.ontariocourtforms.on.ca

DAWN – Disabled Women’s Network

DAWN Canada is a community outreach program dedicated to advancing the equality rights of women living with a disability. The DAWN website has various educational and informational materials. For more information go to: <https://www.dawncanada.net>

OWEN SOUND COMMUNITY RESOURCES

Addiction Services

GBHS Addiction Treatment Services

<http://www.gbhs.on.ca/mental-health-addiction-services>

(519) 376-3999

495 9th Ave E, Owen Sound, ON. N4K 3E2

Native Drug and Alcohol Counselling

(519) 797-2882

57 Mason Drive, Southampton, ON. N0H 2L0

HopeGreyBruce Mental Health & Addiction Services

<http://www.hopegb.org>

(519) 371-4120

1101 2nd Ave E, Owen Sound, ON. N4K 2J1

The Loft – CMHA Grey Bruce Mental Health and Addiction Services

(519) 371-3642 ext. 2003

290 Tenth Street, Hanover, ON. N4N 1P2

G&B House

<http://greybruce.cmha.ca/addictions/gb-house/>

(519) 371-3642

509 9th Ave E, Owen Sound, ON. N4K 3E2

TrueNorth Chesley Addiction Treatment Centre

<http://www.truenorthmedical.com/chesley-addiction-treatment>

1-888-878-3563

38 1st Ave S, Chesley, ON. N0G 1L0





ConnexOntario Health Services Information

<http://www.connexontario.ca>

1-866-531-2600

Grey Bruce Withdrawal Management Services

<http://www.gbhs.on.ca/mental-health-addiction-services>

(519) 376-5666

495 9th Ave East, Owen Sound, ON. N4Y 3E2

Alternative Dispute Resolution Services

Mediation Centre Ontario

<https://mediationcentreontario.com>

owensound@mediationcentreontario.com

1-800-713-0047 ext. 708

Ontario Collaborative Law Federation

<http://www.oclf.ca>

Collaborative Law

<http://www.collabfamilylaw.com>

Training/Education/Employment Services

B72 Bruce Power Training Centre

<http://brucepower.ca>

(519) 361-2673

380 Gary Street, Kincardine, ON. N2Z 2E2

Huron & Bruce Safe T Training

<http://hbsafetytraining.ca>

(519) 357-3721

160 Potter Street, Wingham, ON. N0G 2W0

Saugeen First Nation Training Centre

(519) 797-1224

28 Joshua Cres, Southampton, ON. N0H 1L0

Point of Contact Emergency Training

(519) 377-4757





VPI Working Solutions (Walkerton)

<http://www.vpi-inc.com>

(519) 881-4900

200 McNab Street, #201, Walkerton, ON. N0G 2V0

Bruce County Human Services

<http://brucecounty.on.ca>

(519) 881-0431

529 Gary Street, Kincardine, ON. N2Z 3A6

St. John Ambulance

<http://www.sja.ca>

(519) 376-4813

1580 20th Street E, Owen Sound, ON. N4K 3H4

Ministry-Training Colleges

(519) 376-5790

1400 1st Ave W, Owen Sound, ON. N4K 6Z9

Wingham Centre for Employment & Learning Night School

<http://thecentreforemploymentandlearning.ca>

(519) 357-4995

152 Josephine Street, Wingham, ON. N0G 2W0

Adult Learning Centres: Grey Bruce Georgian

<http://alcentres.ca>

824 1st Ave W, Owen Sound, ON. N4K 4K4

Bluewater Outdoor Education Centre

<http://www.oec.bwdsb.on.ca>

(519) 534-2767

3092 Bruce Road 13, Wiarton, ON. N0H 2T0

Bruce Peninsula District School

<http://bpda.bwdsb.on.ca>

(519) 793-3211

5 Moore Street, Lion's Head, ON. N0H 1W0

Bluewater District School Board

<http://www.bwdsb.on.ca>

(519) 363-2014

351 1st Ave N, Chesley, ON. N0G 1L0

Bruce-Grey Catholic District School Board

<http://www.bgcdsb.org>

(519) 364-5820

799 16th Ave, Hanover, ON. N4N 3A1





YMCA of Owen Sound Grey Bruce – Employment Services

<http://www.ymcaowensound.on.ca>

(519) 371-9222

945 3rd Ave E, Suite 23, Owen Sound, ON. N4K 6W2

The Agency

<http://www.theagencyhelps.com>

(519) 376-4357

965 2nd Ave W, Owen Sound, ON. N4K 4M8

Leads Employment Services

<http://www.leadsservices.com>

(519) 387-4200

2H8 1051 2nd Ave E, #204, Owen Sound, ON. N4K 2H8

Employee Solutions Ontario

(226) 664-1120

320 8th Street E, Owen Sound, ON. N4K 1L4

Connect2Jobs

<http://www.connect2jobs.ca>

(519) 881-2725

111 Jackson Street South, Walkerton, ON. N0G 2V0

Transportation

West Grey Taxi & Transit Services

(519) 387-4123

Al Naser Shuttle Services

(226) 668-4180

Crabby Cabbie Warton

(519) 477-5950

Bruce Electric Taxi Co. Ltd

(519) 832-2111

Owen Sound Transit Terminal

<http://www.owensound.ca/en/living/conventional-transit-service.aspx>

(519) 376-9139

1020 3rd Ave E, Owen Sound, ON. N4K 2L2





Counselling and Support Services

Home & Community Support Services of Grey-Bruce

<http://hcssgreybruce.com>

(519) 372-2091

206 Toronto Street South, Markdale, ON. N0C 1H0

Bruce Grey Child and Family Services (BGCFS)

<http://www.bgcfs.ca>

(519) 371-4453

640 2nd Ave East, Owen Sound, ON. N4K 2G8

Canadian Mental Health Association Grey Bruce Branch

<http://greybruce.cmha.ca>

(519) 371-3642

1024 2nd Ave East, Owen Sound, ON. N4K 2H7

South West Community Care Access Centre – Owen Sound

(519) 371-2112

1415 1st Ave West, Owen Sound, ON. N4K 4K7

Talk & Play in Bruce-Grey

<http://talkandplay.ca>

(226) 230-4344

485 6th Ave, Hanover, ON. N4N 2G3

Nikaanaganaa Counselling and Learning Centre

<http://www.trishmeekins.com>

(519) 376-8628

897 3rd Ave East, Owen Sound, ON. N4K 2K6

Keystone Child Youth and Family Services

<http://www.keystonebrucegrey.org>

(519) 371-4773

1793 3rd Ave West, Owen Sound, ON. N4K 6Y2

Fernstone

(519) 376-9439

1025 2nd Ave West, Owen Sound, ON. N4K 4N1

Healing Hearing Hope

(519) 371-8964

509 9th Ave East, Owen Sound, N4K 1P4

North Grey Community Mental Health Team

(519) 371-8850

1800 8th Street East, Annan, ON. N0H 1B0





THE MEDIATION CENTRE ONTARIO INC.

Mindful Parenting Project
(519) 372-4391
96 Brook Street, Tara, ON. N0H 2N0

CMHA Centre Grey Bruce Community Mental Health Team
<http://greybruce.cmha.ca>
(519) 364-7788
425 Tenth Street, Unit 8, Hanover, ON. N4N 1P3

The Bridge Counselling Service
<http://www.thebridgecounselling.ca>
(604) 619-2897
288 7th Ave, Hanover, ON. N4N 2H4

Alliance Counselling and Therapy Services
<http://www.alliancects.ca>
(416) 529-2961
602 Maple Street, Walkerton, ON. N0G 2V0

New Path Youth and Family Services
<http://www.newpath.ca>
(705) 445-4181
199 Campbell Street, Collingwood, ON. L9Y 4J9

In Support of Children, Counselling Services
<http://www.insupportofchildren.com>
(705) 794-5307
5 Dawson Drive, Collingwood, ON. L9Y 5B4

Wellness and Emotional Support (WES) for Youth Online
<http://www.wesforyouthonline.ca>
(519) 507-3737

Men's Program (Grey/Bruce)
<http://mensprogram.wordpress.com>
(519) 372-2720
1026 2nd Ave East, Owen Sound, ON. N4K 2H7

Enforcement of Court Orders

The Family Responsibility Office
416-326-1818 or toll free: 1-800-267-7263
www.ontario.ca/FRO



MEDIATIONCENTREONTARIO.COM



OWENSOUND@MEDIATIONCENTREONTARIO.COM



1-800-713-0047 ext. 708

LONDON. ST THOMAS. STRATFORD. WOODSTOCK. CHATHAM. SARNIA. GODERICH. WALKERTON. OWEN SOUND. WINDSOR



Support Lines

Reach Out

<http://reachout247.ca>

(519) 233-2023 or 1-866-933-2023

Text – (519) 433-2023

Web chat also available

Assaulted Women's Help Line

<http://awhl.org>

Toll-Free 1-866-863-0511

Text - #SAFE on your Bell, Rogers, Fido or Telus mobile phone

Senior's Safety Line – 1-866-299-1011

Fem'Aide

<http://www.femaide.ca>

1-877-336-2433

Talk4Healing – Culturally grounded helpline for Indigenous women

<http://www.talk4healing.com>

1-888-200-9997

Kid's Help Phone

<http://kidshelpphone.ca>

1-800-668-6868 or TEXT 686868

Victim Support Line

1-888-579-2888

Sexual Assault Support Line

1-866-578-5566

Shelters

The Women's Centre Grey & Bruce

<http://www.thewomenscentre.org>

(519) 371-1600

2048 A 9th Ave East, Owen Sound, ON, N4K 3H2

Women's House Serving Bruce and Grey

<http://www.whsbg.on.ca>

1-800-265-3026

229 10th Street East, Owen Sound, ON. N4K 1S4

Safe n Sound Grey Bruce

<http://safensoundgreybruce.ca>

(519) 470-7233

310 8th Street East, Owen Sound, ON. N4K 1L4





YMCA of Owen Sound Grey Bruce – Community Initiatives
<http://www.ymcaowensound.on.ca/community-initiatives>
(519) 371-9222
945 3rd Ave East, Suite 23, Owen Sound, ON. N4K 2G8

Saugeen Women’s Respite
(519) 797-3677
24 Christine Street, Southampton, ON. N0H 2L0

G&B House
<http://greybruce.cmha.ca/addictions/gb-house>
(519) 371-3642
509 9th Ave East, Owen Sound, ON. N4K 3E2

Community Connections: Housing and Support
<http://greybruce.cmha.ca/housing-and-support/community-connections>
(519) 371-2390
1105 1st Ave East, Owen Sound, ON. N4K 2E2

Owen Sound Municipal Housing
(519) 376-0572
2125 6th Ave East, Unit 50, Owen Sound, ON. N4K 6W1

Ainslie Wood Housing Co-Op Inc
(519) 371-3407
1300 15th Street ‘B’ E, Owen Sound, ON. N4K 6N1

Bruce County Housing Corporation
<http://www.brucecounty.on.ca/housing-services>
1-877-396-3450
529 Gary Street, Kincardine, ON. N2Z 2E2

Supervised Access Centres

Grey Bruce Supervised Access Program
<http://www.supervisedaccess.ca>
(519) 371-5991
365 14th Street West, Owen Sound, ON. N4K 3X9





Finances

Canada Pension Plan (C.P.P.)

1-800-622-6232

Ontario Disability Support Program (O.D.S.P.)

(519) 376-1951

1400 1st Ave West, Owen Sound, ON. N4K 6X7

Ontario Works!

(519) 376-7324

595 9th Ave East, Owen Sound, ON. N4K 3E3

Trillium Drug Program

1-800-575-5386

Ontario Electricity Support Program (O.E.S.P.)

1-855-831-8151

Child Care Fee Subsidy

(519) 881-0431 or 1-800-265-3005

Canada Child Benefit (C.C.B.)

Canada Revenue Agency

<http://www.canada.ca>

1-800-387-1193

Ontario Child Benefit (O.C.B)

Ontario Ministry of Finance

<http://www.fin.gov.on.ca/en>

1-800-387-1193

Mental Health Services

HopeGreyBruce Mental Health & Addictions Services

<http://www.hopegb.org>

(519) 371-4120

1101 2nd Ave East, Owen Sound, ON. N4K 2J1

Canadian Mental Health Association Grey Bruce Branch

<http://greybruce.cmha.ca>

(519) 371-3642

1024 2nd Ave East, Owen Sound, ON. N4K 2H7

Community Mental Health Teams

(519) 534-4388

369 Mary Street, Warton, ON. N0H 2T0





CMHA South Grey Community Mental Health Team
(519) 371-3642 ext 4000
55 Victoria Ave, Markdale, ON. N0C 1H0

Grey Bruce Health Services – Owen Sound
<http://www.gbhs.on.ca>
(519) 376-2121
1800 8th Street East, Owen Sound, ON. N4K 6M9

Keystone Child Youth & Family Services
<http://www.keystonebrucegrey.org>
(519) 371-4773
1793 3rd Ave West, Owen Sound, ON. N4K 6Y2

The Loft – CMHA Grey Bruce Mental Health and Addiction Services
(519) 371-3642 ext. 2003
290 Tenth Street, Hanover, ON. N4N 1P2

Legal Resources

Legal Aid
1-800-668-8258
TTY: 1-866-641-8867

Family Law Education for Women - Immigrant, refugee and non-status women
www.onefamilylaw.ca

Lawyer's Referral Service
1-800-268-8326

CLEO
www.cleonet.ca

Child Protection Services

Bruce Grey Child and Family Services
<http://www.bgcfs.ca>
(519) 371-4453
1-855-322-4453
5 McGivern Street West, Walkerton, ON. N0G 2V0





Youth Services

Youth Literacy Council South Grey Bruce

<http://sgbyouthliteracy.org>

(519) 364-0008

467 10th Street, Hanover, ON. N4N 1R3

Keystone Child Youth & Family Services

<http://www.keystonebrucegrey.org>

(519) 371-4773

600 16th Ave, Hanover, ON. N4N 0A5

Anishnabek Child and Youth

(519) 797-5000

23 Christine Street, Southampton, ON. N0H 2L0

Wellness and Emotional Support (WES) for Youth Online

<http://www.wesforyouthonline.ca>

(519) 507-3737

Big Brothers Big Sisters of Grey Bruce

<http://greybruce.bigbrothersbigsisters.ca>

(519) 376-4449

890 4th Ave East, 2nd Floor, Owen Sound, ON. N4K 2N7

LGBTQ2+

Grey Bruce Pride – Building Gender Diverse Communities Program

greybruceprideinfo@gmail.com

1045 3rd Ave West, Owen Sound, ON. N4K 5W6

PFLAG – Grey Bruce County

owensound@pflagcanada.ca

1-888-530-6777 ext. 570

Trans Lifeline

1-877-330-6366





Food Banks

Walkerton & District Food Bank
(519) 881-0168
6 May Street, Walkerton, ON. N0G 2V0

Warton Salvation Army
(519) 534-0353
576 Edward Street, Warton, ON. N0H 2T0

Kincardine Ministerial Food Bank
415 Russell Street, Kincardine, ON. N2Z 2A9

Salvation Army Family Services and Food Bank
(519) 389-3942
614 Barnes Ave, Port Elgin, ON. N0H 2C4

The Salvation Army Community and Family Services – Owen Sound – Food Bank
(519) 371-0957
365 14th Street West, Owen Sound, ON. N4K 3X9

Clifford Food Bank
(519) 327-8588

North Huron Community Food Share
(519) 357-2277
405 Josephine Street, Unit D, Wingham, ON. N0G 2W0

OSHaRE
<http://www.oshare.ca>
(519) 376-3899
946 3rd Ave East, Owen Sound, ON. N4K 2K9

Markdale District Food Bank
(519) 986-3841
14 George Street, Markdale, ON. N0C 1H0

Golden Town Outreach
<http://www.goldentownoutreach.org>
(519) 538-4550
34 Trowbridge Street West, Meaford, ON. N4L 1N2





Indigenous Support

Southwest Ontario Aboriginal Health Access Centre

<http://soahav.on.ca>

(519) 376-5508

733 9th Ave East, #3, Owen Sound, ON. N4K 3E6

M'Wikwedong Indigenous Friendship Centre

<http://mwikwedong.com>

(519) 371-1147

1045 3rd Ave West, Owen South, ON. N4K 5W6

Bruce Grey Child and Family Services

<http://www.bgcfs.ca>

(519) 371-4453

640 2nd Ave East, Owen Sound, ON. N4K 2G8

Nikaanaganaa Counselling & Learning Centre

<http://www.trishmeekins.com>

(519) 376-8628

897 3rd Ave East, Owen Sound, ON. N4K 2K6

Great Lakes Metis Council

<http://greatlakesmetis.ca>

(519) 370-0435

380 9th Street East, Owen Sound, ON. N4K 1P3

Huronian Area Aboriginal Management Board

<http://huronian.biz>

(519) 376-9400

1101 2nd Ave East, Unit 1131A, Owen Sound, ON. N4K 2J1

Saugeen Native Drug and Alcohol Counselling Centre

<http://www.saugeenfirstnation.ca>

(519) 797-3336

47 Mason Drive, Southampton, ON. N0H 2L0

