



## LEGAL RESOURCES

### Legal Aid Ontario

If you cannot afford a lawyer, you may be eligible for legal assistance from Legal Aid Ontario, which serves low-income Ontarians. For most services, a client must be financially eligible. Legal Aid Ontario provides several family law services, including duty counsel and advice lawyers, a Family Law Service Centre and if appropriate, a certificate to hire a lawyer. To find out more about what services are available call: 1-800-668-8258 or online at: <https://www.legalaid.on.ca/>

### Lawyer Referral Services

If you wish to retain a lawyer, you may contact the Lawyer Referral Service, operated by the Upper Law Society. The service will provide you with the name of a lawyer in your area who practices family law. That lawyer will provide you with a half-hour free consultation. The referral service has evolved into an on-line service. To receive an immediate referral, go to: [www.findlegalhelp.ca](http://www.findlegalhelp.ca) or call 1-855-947-5255.

### Free Legal Information & Referrals

Legal Line is a Federal not-for-profit organization providing Free easy-to-understand legal information in over 2,100 topics, covering 48 major areas of law. Information covers Federal, Provincial and Territorial laws, and is available in 107 languages. Those who need further help are referred to experts — lawyers, paralegals, government offices, and other professionals. For more information, go to: <https://www.legalline.ca/>

### Limited Scope Practicing Lawyers

If you would like to receive legal advice at an hourly rate avoiding a retainer fee, you can try Limited Scope Practicing Lawyers. You can find a list of lawyers within your area that offer this service at – <http://www.familylawlss.ca>

### The Office of The Children’s Lawyer

The Office of the Children’s Lawyer is a law office in the Ministry of the Attorney General which delivers programs in the administration of justice on behalf of children with respect to their personal and property rights. Lawyers within the office represent children in various areas of law including child custody and access disputes, child protection proceedings and civil litigation. Clinical investigators prepare reports for the court in custody/access proceedings and may assist lawyers who are representing children in such matters. To learn more about the services offered by the Office of the Children’s Lawyer call: (416) 314-8000 or find online at: [www.attorneygeneral.jus.gov.on.ca/english/about/artcl/fjsd\\_ocl.php](http://www.attorneygeneral.jus.gov.on.ca/english/about/artcl/fjsd_ocl.php)

### Complaints about a Lawyer

Matters relating to the legal profession are within the responsibility of the Law Society of Upper Canada. If you are concerned about the conduct of a lawyer, you can call: 416-947-3315 or 1-800-668-7380 or go online to: [www.lsuc.on.ca/with.aspx?id=644](http://www.lsuc.on.ca/with.aspx?id=644)

You may also put your complaint in writing to the following address:

Complaints Services  
The Law Society of Upper Canada  
Osgoode Hall, 130 Queen Street West  
Toronto, Ontario M5H 2N6





## LEGAL INFORMATION

### **Steps to Justice / CLEO Community Legal Education Ontario**

Step-by-step information about legal problems. Reliable, practical, and easy to understand. CLEO is an online resource project dedicated to providing legal information intended to help in understanding legal rights. For more information go to: [www.cleo.on.ca](http://www.cleo.on.ca)

Use CLEO's free online interviews to fill out legal forms, draft letters, and identify your next steps. The Guided Pathways ask you questions and then use your answers to fill in the forms and letters you need. When you are done, you can save and print your papers.

[www.stepstojustice.ca/guided-pathways](http://www.stepstojustice.ca/guided-pathways)

### **FLEW – Family Law Education for Women**

The Family Law Education for Women's website is a public legal education project funded by the Government of Ontario to assist women in understanding their family law rights. The website provides a variety of online publications intended to address the particular needs and vulnerabilities of women new to Canada (including immigrant, refugee and non-status women) and can be found at:

[www.onefamilylaw.ca](http://www.onefamilylaw.ca)

### **Family Law information Centre (FLIC)**

The FLIC assists in meeting the individual needs of clients, particularly clients who are not represented by a lawyer and are entering the family court system for the first time. At the FLIC there is an Information and Referral Coordinator who will assist you to find and connect with services you are looking for within your community. Advice Lawyers, who provide summary legal advice are also available at the FLIC. The FLIC provides publications and guides to family procedures, including the publication "What You Should Know About Family Law in Ontario" which contains a section specific to domestic violence issues. The publication is available in English, French, Arabic, Chinese-Simplifies and traditional, Somali, Spanish, Tamil and Urdu and is on-line at

[www.attorneygeneral.jus.gov.on.ca/english/family/famlawbro.php](http://www.attorneygeneral.jus.gov.on.ca/english/family/famlawbro.php)

### **Ministry of the Attorney General Website**

You can find information about separation and divorce, support, custody, access, family mediation and court processes and procedures on the Ministry of the Attorney General website. Choose your preferred language, then click on 'Family Justice' for general information as well as a link to the federal government's website and other sources of information can all be found at:

[www.attorneygeneral.jus.gov.on.ca](http://www.attorneygeneral.jus.gov.on.ca)

### **Department of Justice Canada**

You can find helpful information about family law issues including how to calculate child support and parenting plan guidelines on this website: <https://www.justice.gc.ca/eng/fl-df/>

### **My Support Calculator**

Free online child and spousal support calculator. Also provides helpful information on support and other family law related issues and a searchable list of family law professionals in your area.

[www.mysupportcalculator.ca](http://www.mysupportcalculator.ca)





### **Ontario Court Forms Website**

You can obtain and fill in many of the court forms you need in a family law case on the Ontario Court Forms website. On the site, there is Ontario Court Forms Assistant, which is an online tool that will guide you through the completion of six of the most commonly used family forms. Access to all the forms and assistance tools can be found at: [www.ontariocourtforms.on.ca](http://www.ontariocourtforms.on.ca)

### **DAWN – Disabled Women’s Network**

DAWN Canada is a community outreach program dedicated to advancing the equality rights of women living with a disability. The DAWN website has various educational and informational materials. For more information go to: <https://www.dawncanada.net>

## **STRATFORD COMMUNITY RESOURCES**

### **Addiction Services**

Alcoholics Anonymous – Stratford and Perth County  
519-603-2264 or 1-800-706-9833 (24 hr)  
[www.centralwest3district4aa.org](http://www.centralwest3district4aa.org)

Al-Anon – Stratford and Perth County  
1-888-425-2666  
[www.al-anon.org](http://www.al-anon.org)

CMHA Thames Valley Addiction and Mental Health Services  
519-668-0624  
[www.cmhatv.ca](http://www.cmhatv.ca)

Choices for Change  
1-877-218-0077 or 519-271-6730  
[www.choicesforchange.ca](http://www.choicesforchange.ca)

Connex Ontario Health Services Information  
Call: 1-866-531-2600  
Text: 247247  
Live web chat: <https://www.connexontario.ca/Chat>





## Alternative dispute resolution services

Mediation Centre Ontario

[www.mediationcentreontario.com](http://www.mediationcentreontario.com)

[stratford@mediationcentreontario.com](mailto:stratford@mediationcentreontario.com)

1-800-713-0047 ext. 702

Collaborative Family Lawyers

[www.collabfamilylaw.com](http://www.collabfamilylaw.com)

## Training/Education/Employment Services

Partners in Employment – Stratford

519-272-1946

[www.partnersinemployment.on.ca](http://www.partnersinemployment.on.ca)

The Centre for Employment and Learning in Night School

519-271-4896

[www.thecentreforemploymentandlearning.ca](http://www.thecentreforemploymentandlearning.ca)

Leads Employment Services

1-866-955-3237

[www.leadsservices.com](http://www.leadsservices.com)

ABL Employment

519-340-0464

[www.ablemployment.com](http://www.ablemployment.com)

## Transportation

Transit – City of Stratford

519-217-0250

<https://www.stratford.ca/en/live-here/transit.aspx>

PC Connect – Perth County + Stratford + St. Mary's

Community Transit System

1-888-465-0783 or 519-271-0531

<https://www.perthcounty.ca/en/living-here/community-transportation---perth-county-and-stratford.aspx#>





## Counselling and Support Services

Family Services – Perth –Huron  
519-271-1020 or 1-800-268-0903  
[www.familyservicesperth-huron.ca](http://www.familyservicesperth-huron.ca)

Victim Services Bruce Grey Perth  
519-271-9998 or 1-866-376-9852  
[www.victim-services.com](http://www.victim-services.com)

CMHA Huron Perth Addiction and Mental Health Services  
519-273-1391 or 519-271-6730  
[www.cmhahuronperth.com](http://www.cmhahuronperth.com)

## Enforcement of Court Orders

The Family Responsibility Office  
1-416-326-1817 or toll free: 1-800-267-4330  
<https://www.ontario.ca/page/paying-and-receiving-child-and-spousal-support>

## Help Lines

Huron-Perth Helpline and Crisis Response Team  
1-888-829-7484

Victim Services Bruce Grey Perth  
Crisis Line: 1-866-376-9852

First Nations and Inuit Hope for Wellness Help Line  
1-855-242-3310  
Online chat: [www.hopeforwellness.ca](http://www.hopeforwellness.ca)

Mental Health Helpline – ConnexOntario  
1-866-531-2600  
[www.connexontario.ca](http://www.connexontario.ca)

Ontario 211  
[www.211ontario.ca](http://www.211ontario.ca)

Assaulted Women’s Hotline  
416-863-0511 or 1-866-863-0511  
Online Chat: [www.awhl.org/online-chat](http://www.awhl.org/online-chat)





Kids Help Phone  
www.kidshelpphone.ca  
1.800.668.6868

Kids Help Phone Crisis Text Line  
Text CONNECT to 686868  
[www.crisistextline.ca](http://www.crisistextline.ca)

Victim Services Helpline  
1-866-887-0015 – male survivor support  
1-886-863-0511 – assaulted women’s support  
[www.attorneygeneral.jus.gov.on.ca](http://www.attorneygeneral.jus.gov.on.ca)

Fem’aide: Francophone Helpline For Women  
1-877-336-2433  
[www.femaide.ca](http://www.femaide.ca)

Multilingual Victim Support Line  
1-888-579-2888  
[www.attorneygeneral.jus.gov.on.ca](http://www.attorneygeneral.jus.gov.on.ca)

Talk4Healing – Indigenous Women Support Line  
1-855-554-4325

## Shelters

Optimism Place Women’s Shelter and Support Services  
24 Hour Crisis Line 519-271-5550  
Toll Free Line 1-800-265-8598  
Regular office Hours 519-271-5310  
[www.optimismplace.com](http://www.optimismplace.com)

Huron-Perth Safe Homes for Youth  
1-800-361-1640 or 519-235-0433

Stratford / Perth Shelter Link – Youth 16-24  
519-272-2294

Huron Women’s Shelter  
519-524-5333 or 1-800-265-5506 (crisis line)  
[www.huronwomensshelter.com](http://www.huronwomensshelter.com)

Connection Centre – Drop-in Centre  
9 Douro Street, Stratford  
226-921-1025





## Supervised Access Centre

The Emily Murphy Centre  
519-273-7350 or 1-888-826-8117  
[www.emilymurphycentre.com](http://www.emilymurphycentre.com)

Supervised Access & Visitation Exchange Huron Perth  
519-508-6101

## Finance

WK Financial Planning  
208 Ontario Street, Stratford  
519-273-7377

Monteith Financial Services  
519-801-8528

MNP Ltd – Licensed Insolvency Trustee  
61 Lorne Ave E, Unit 1B, Stratford  
519-272-0000

## Mental Health Services

CMHA Huron Perth Addiction and Mental Health Services  
519-273-1391 or 519-271-6730  
[www.cmhahuronperth.com](http://www.cmhahuronperth.com)

Huron-Perth Centre – Family Counsellor  
63 Lorne Avenue East  
519-273-3373

Huron Perth Healthcare Alliance - Stratford General Hospital  
Inpatient Mental Health Services 519-272-8210 x 2479  
Outpatient Mental Health Services (counselling) 519-272-8210 x 2570

Choices for Change: Alcohol, Drug and Gambling Counselling Centre  
Festival Square Building  
10 Downie Street, 3rd Floor, Stratford  
519-271-6730





## Legal Resources

Legal Aid Ontario  
1-800-668-8258  
[www.legalaid.on.ca](http://www.legalaid.on.ca)

Stratford Duty Counsel  
519-273-8120

Family Law Information Centre – Perth County  
100 St. Patrick Street  
Stratford Ontario N5A 7W1  
1-888-796-0483 x 702

Huron-Perth Community Legal Clinic  
59 Lorne Avenue East  
Stratford Ontario N5A 6S4  
519-271-4556

Law Society of Ontario – Lawyer Referral Services  
Osgoode Hall, 130 Queen Street West, Toronto Ontario M5H 2N6  
1-855-947-5255  
<https://lsrs.lso.ca/lsrs/welcome>

Ministry of the Attorney General – Victim Services of Huron County  
544 Huron Street, Stratford Ontario N5A 5T9  
1-866-376-9852 or 519-271-9998

CMHA – Huron Perth Addiction and Mental Health Services  
Court Support  
540 Huron Street, Stratford Ontario N5A 5T9  
519-273-1391

## Child Protection Services

Huron-Perth Children’s Aid Society – Stratford Office  
639 Lorne Avenue East, Stratford Ontario N5A 6S4  
519-271-5290 (24hr) - 1-800-668-5094  
[www.h-pcas.ca](http://www.h-pcas.ca)

Family Services Perth-Huron  
142 Waterloo Street S, Stratford Ontario N5A 4B4  
519-273-1020 - 1-800-268-0903  
[www.familyservicesperth-huron.ca](http://www.familyservicesperth-huron.ca)







## Children and Youth

Huron-Perth Centre for Children and Youth – Perth County  
63 Lorne Avenue East, Unit 2A, Stratford Ontario N5A 6S4  
Stratford: 519-273-3373 x 2221 Text: 519-719-2350  
Listowel: 519-291-1088 x 4221 Text: 519-719-3766  
1-877-596-6626  
1-888-829-7484 (crisis response)  
[www.hpcentre.on.ca](http://www.hpcentre.on.ca)

TVCC (formerly Thames Valley Children’s Centre)  
779 Base Line Rd E London, Ontario N6C 5Y6  
519-685-8700

Child and Parent Resource Institute  
600 Sanatorium Road, London Ontario N6H 3W7  
1-877-494-2774

SmallTalk  
46 General Hospital Drive, Stratford Ontario N5A 2Y6  
519-272-8216 or 1-866-333-7716

## LGBTQ2+ Support

LGBTQ2+  
Youth Line  
1-800-268-9688  
Text: 647-694-4275  
Live chat: [www.youthline.ca](http://www.youthline.ca)

PFLAG Canada  
Waterloo-Wellington-Perth Chapter  
1-888-530-6777 x 605  
[www.pflagcanada.ca](http://www.pflagcanada.ca)





## Food Banks

The Local Community Food Centre  
612 Erie Street, Stratford Ontario  
519-508-3663

Stratford House of Blessing  
423 Erie Street, Stratford Ontario  
519-273-3433

Salvation Army  
230 Lightbourne Avenue, Stratford Ontario  
519-271-2950

Saint Vincent de Paul  
519-271-6722  
96 Huron Street, Stratford

## Indigenous Support

OFIC – Ontario Federation of Indigenous Friendship Centres  
416-956-7575

N’Amerind (London) Friendship Centre Inc.  
519-672-0131  
Court House: 419-432-4104

